

Creativity, Activity, Service (CAS)

What is CAS?

Creativity, Activity, Service or CAS is one of the three essential elements of IBDP core. It aims to provide a 'counterbalance' to the academic rigour of the educational programme. It has no levels (HL/SL) unlike other group subjects. CAS experiences are sustained and consistent. All CAS experiences must happen concurrently alongside your diploma programme for at least 18 months. It enables students to show initiative, demonstrate perseverance, and develop skills such as collaboration, problem solving and decision making.

CAS is organized around the three strands of creativity, activity and service defined as follows:

- Creativity—exploring and extending ideas leading to an original or interpretive product or performance.
- Activity—physical exertion contributing to a healthy lifestyle.
- Service—collaborative and reciprocal engagement with the community in response to an authentic need.

Why CAS?

CAS enhances students' personal and interpersonal development through experiential learning. As part of the CAS activities, students are exposed to unfamiliar situations and tasks in a real-world context. To complete these, students need to reflect on their prior knowledge, learn new concepts and develop new skills. When students are engaged in real experience they see the relevance of it, make connections to formal learning, have increased motivation to learn new skills, become aware of their responsibilities as community members, are willing to accept new challenges and ultimately become self-directed, lifelong learners. **Students learn things by doing and this core component will teach you how to plan, analyse, act, evaluate, and reflect on your growth.**

A good CAS experience should be both challenging and enjoyable – a personal journey of self-discovery. **Each student has a different starting point, and therefore different goals and needs, but for many their CAS activities include experiences that are profound and life changing.**

CAS at Neev

In Neev Academy, we have a well-developed CAS programme and challenge our students to understand and think critically about local, national and world issues, to make connections, to develop skills and values that would make them active global citizens who would work towards making the world a more fair and sustainable place. CAS students have guidance at the school level through a variety of resources including the school's CAS handbook, information sessions and meetings. In addition, students have three formal interviews with the school's CAS coordinator/adviser.

Neev provide CAS opportunities during school hours. Various clubs supervised by our faculty members run during the school lunch hours to name a few- photography, coding, dramatics, makerspace, music, Neevtimes, Literature circle, poetry, expression through art, permaculture etc. are offered as part of 'creativity' experiences. As part of 'activity', students participate in a range of games like football, basketball, table tennis, badminton, tennis, swimming, etc. As part of social experience, our students work towards the authentic needs of the community and initiate various activities: fund raising for charity, recycling, and awareness campaigns, collection drives to offer help, etc.

Involvement in these activities enriches the IB experience and teaches them to think globally and act locally.

How is CAS assessed?

Creativity, activity, service (CAS) is one of the three essential elements that every student must complete as part of the Diploma Programme (DP). Studied throughout the Diploma Programme, CAS involves students in a range of experiences alongside their academic studies. Students should participate in a variety of CAS experiences (with at least one project) over an 18 month period. Students will be assessed using their CAS reflections.

CAS is not formally assessed but students are expected to meet CAS requirements.

What are CAS requirements?

CAS requirement to be considered complete student must; show reflection and evidence that they have PROGRESSED in each of the SEVEN learning outcomes of CAS.

Note: Some parts of Subject brief are prepared for CAS Guide -first assessment 2017 & CAS subject brief available at IBO website.