



## School Menu Month 1

### 1<sup>st</sup> and 3<sup>rd</sup> Week

	Mon	Tue	Wed	Thu	Fri
<b>Breakfast</b>	Paratha	Idli	Veg Burger	Uthapam	Choc Croissant
	Curd/Pickle	Sambar	Banana	Sambar	Chutney
<b>Lunch</b>	Salad	Salad	Salad	Salad	Salad
	Chapathi	Chapathi	Chapathi	Chapathi	Chapathi
	Veg Kolapuri	Dum Aloo	Makhai Mutter	Rajma Masala	Butter Paneer
	Mixed Dal	Palak Dal	Dal Tadka	Dal Fry	Moong Dal
	White Rice	Veg Pulao	White Rice	Tomato Pulao	White Rice
	Curd/Pickle	Curd/Pickle	Curd/Pickle	Curd/Pickle	Curd/Pickle
	Sweet	Fruits	Sweet	Fruits	Sweet

### 2<sup>nd</sup> and 4<sup>th</sup> Week

	Mon	Tue	Wed	Thu	Fri
<b>Breakfast</b>	Paratha	Idli	Veg Burger	Uthapam	Choc Croissant
	Curd/Pickle	Sambar	Banana	Sambar	Banana
<b>Lunch</b>	Salad	Salad	Salad	Salad	Salad
	Chapathi	Chapathi	Chapathi	Chapathi	Chapathi
	Bhindi Do Pyaza	Gobi Mutter	Mix Veg Curry	Baingan Bhartha	Aloo Capsicum
	Masala Dal	Parsi Dal	Channa Dal	Dal Lasson	Methi Dal
	White Rice	Tomato Pulao	White Rice	Jeera Pulao	White Rice
	Curd/Pickle	Curd/Pickle	Curd/Pickle	Curd/Pickle	Curd/Pickle
	Sweet	Fruits	Sweet	Fruits	Sweet



## School Menu Month 2

### 1<sup>st</sup> and 3<sup>rd</sup> Week

	Mon	Tue	Wed	Thu	Fri
<b>Breakfast</b>	Aloo Paratha	Idli	Veg Burger	Uthapam	Choc Croissant
	Curd/Pickle	Sambar	Banana	Sambar	Banana
<b>Lunch</b>	Salad	Salad	Salad	Salad	Salad
	Chapathi	Chapathi	Chapathi	Chapathi	Chapathi
	Paneer B/M	Veg Koftha Curry	Chana Masala	Dum Aloo Gravy	Baingan Masala
	Dal Fry	Parsi Dal	Palak Dal	Veg Biryani	Dal Makhani
	White Rice	Jeera Pulao	White Rice	Raitha	White Rice
	Curd/Pickle	Curd/Pickle	Curd/Pickle	Pickle	Curd
	Sweet	Fruits	Sweet	Fruits	Sweet

### 2<sup>nd</sup> and 4<sup>th</sup> Week

	Mon	Tue	Wed	Thu	Fri
<b>Breakfast</b>	Aloo Paratha	Idli	Mint Cheese S/w		Choc Croissant
	Curd/Pickle	Sambar	Banana	Sambar	Banana
<b>Lunch</b>	Salad	Salad	Salad	Salad	Salad
	Chapathi	Chapathi	Chapathi	Chapathi	Chapathi
	Bhindi Masala	Palak Paneer	Veg Kadai	Aloo Gobi	Rajma Masala
	Dal Tadka	Dal Lasson	Mixed Dal	Manchurian Sauce	Yellow Dal
	White Rice	Ghee Rice	White Rice	Veg Fried Rice	White Rice
	Curd/Pickle	Curd/Pickle	Curd/Pickle	Curd/Pickle	Curd/Pickle
	Sweet	Fruits	Sweet	Fruits	Sweet